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POST REMICADE (Infliximab) INFUSION INSTRUCTIONS

1. Return to your diet and medications and normal activities.
2. Some patients may experience delayed side effects 2-14 days after the infusion. The may include:

- Upper respiratory infection (coughing, sore throat, sinus congestion, runny nose)
- Flu-like symptoms
- Headache
- Chills
- Nausea
- Cramping
- Fever (greater than 101 degrees)
- Rash

IF ANY OF THESE SYMPTOMS OCCUR, PLEASE CALL YOUR DOCTOR AT 402-397-7057 DURING REGULAR BUSINESS HOURS OR GO TO THE EMERGENCY ROOM FOR EVALUATION.

3. IV Site: You may notice some tenderness or swelling on your arm where you received the medication; this should disappear in a day or two. A warm, wet washcloth applied for 15 to 20 minutes, four times a day can help ease discomfort.
4. Inform your PCP that you are not to receive live vaccines including the shingles vaccine and flu mist.
5. Always eat and drink plenty of fluids before you infusion.
6. Schedule elective dental/surgical procedures 4 weeks after infusion.
7. If taking antibiotic or if you have a fever or feel ill and it is time for your infusion, please call your case manager as you may need to reschedule.
8. Follow-up visit is scheduled for: _____.
9. Additional Instructions:

NOTE: If you are running late for your infusion, please contact the infusion room nurse at 402-934-4137. If you are more than 15 minutes late for your scheduled time, your infusion may have to be rescheduled.